

REDLANDS UNIFIED SCHOOL DISTRICT

JOB DESCRIPTION

TITLE Mental Health Intern

REQUIRED QUALIFICATIONS

LICENSE: Possession of an Intern Registration Number with the California Board of Behavioral Science as an Associate Marriage and Family Therapist (AMFT) or Associate Professional Clinical Counselor (APCC)

EDUCATION AND EXPERIENCE: M.A. or M.S in in counseling or psychology (Marriage and Family Therapy, Social Work, or Clinical Counseling)

PERSONAL QUALIFICATIONS: Character, personality, and proper social capability to relate effectively with staff, students, and community. Strong general and emotional intelligence coupled with the abilities to work efficiently and independently, to prioritize, and to communicate clearly and succinctly in writing and in person are essential.

BRIEF DESCRIPTION OF POSITION

Under clinical supervision of a Licensed Therapist, the Mental Health Intern conducts mental health assessments, provides direct mental health services to students, and participates in consultations with District personnel in support of the mental health needs of students in the general education setting. The Mental Health Intern works in collaboration with private providers and public agencies to facilitate treatment and referrals, attends student progress meetings, and performs all related work and duties otherwise assigned as required.

ESSENTIAL FUNCTIONS

- Provides individual and group mental health counseling services to students to emphasize improved educational performance and/or conduct in the general education setting.
- Conducts mental health assessments.
- Consults with District personnel in support of the mental health needs of students.
- Works collaboratively with private providers and public agencies to facilitate treatment and referrals.
- Maintains strict confidentiality while providing direct therapy services to students and families to support students' mental health needs.
- Completes weekly supervision with Clinical Supervisor per licensing agreements.

- Maintains regular contact with supervisors per licensing requirements.
- Consults with staff about optimizing and supporting students' mental health.
- Participates as a member of the multi-disciplinary team collaborating on the student's educational plan including writing goals and objectives, reporting on present levels of performance and updating staff on goal progress.
- Consults with teachers and other school staff regarding the student's program and any adaptations/materials needed to facilitate improved performance in the classroom or home environment to attain educational benefit.
- Consults with families to enhance mental health and adjustment to school.
- Maintains appropriate data on students to document present levels of performance and other pertinent information.
- Completes informal assessments as appropriate, to determine extent of progress and effectiveness of current services.
- Adheres to the ethical standards and codes of the profession and to the established rules, regulations, and laws governing educational programs.
- Participates in activities that promote professional development and use clinical/educational research to enhance therapy services.
- Supports and implements the LEA's policies, regulations, procedures, and administrative directives.
- Submits records, reports, and assignments promptly and efficiently.
- Demonstrates ability to adjust to and use new approaches in the performance of his/her duties.
- Maintains a data collection system that is organized and updated weekly or as appropriate
- Other duties as assigned.

PHYSICAL REQUIREMENTS

Significant physical abilities include: standing and walking for extended periods, lifting/carrying, crouching, reaching/handling/feeling, talking/hearing, near and far visual acuity/depth perception/ accommodation/color vision/field of vision.

OTHER REQUIREMENTS

TB test clearance; Department of Justice fingerprint clearance.