

Athletic Trainer

Definition:

Under the direction of the Athletic Director, the Athletic Trainer is a paramedical specialist in sports medicine. Evaluates the physical condition and advises and treats student athletes to maintain maximum physical fitness for participation in athletic competition, while keeping the mental and physical welfare of the athlete as the top priority. Promotes the prevention of injuries by all available means including conditioning, protective equipment, exercising, taping, and training techniques.

Essential Duties:

1. Evaluate athletic injuries. Administer first aid and CPR as needed to injured student-athletes. Requests additional emergency medical treatment as required
2. Recommend to parents/legal guardians and student-athletes appropriate medical care related to injuries
3. Document, maintain, and store records for student-athletes, such as physician diagnosis, prescriptions, physical examination reports, treatment documentation, medical history, accident reports and witness reports, for up to 7 years.
4. Provide and assist with rehabilitation programs and treatments for various musculoskeletal injuries and muscle strengthening
5. Provide external musculoskeletal support, when necessary
6. Provide education on injury prevention, nutrition, and overall health to student-athletes
7. Communicate with coaches and legal guardians in regards to the injury status of their student-athletes. Certifies student-athletes are medically eligible to participate in athletics after injury.
8. Oversee the operation of the Athletic Training Facility. Maintains the Athletic Training Facility in a clean organized manner. Reviews and maintains inventory of all facility supplies and equipment.
9. Assist and provides clinical experience and supervision for Athletic Training Student Aides in the high school sports medicine program
10. Perform related duties as assigned
11. Maintain and annually reviews Emergency Action Plan and various related policies/procedures
12. Provide coverage for CIF sanctioned home games. Travels for junior varsity and varsity football competitions.

Qualifications:

Education/Experience:

- Bachelor's Degree
- Completion of Commission of Athletic Training Education (CAATE) accredited program
- Previous experience working as an athletic trainer (preferred)

License:

- Valid CA Driver's license
- BOC Certified Athletic Trainer (maintenance required)
- CPR for Healthcare Providers, Basic Life Support certification

PHYSICAL DEMANDS: The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job.

Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is regularly required to sit, stand, walk, run, and talk or hear. The employee frequently is required to use hands to finger, handle, or feel and reach with hands and arms. The employee frequently must squat, stoop or kneel, reach above the head and reach forward. The employee will regularly lift and/or move up to 100. Specific vision abilities required by this job include distance vision, and peripheral vision, the ability to hear conversations in quiet and noisy environments and the ability to speak clearly in order to exchange information. The employee will frequently interact with the public and other staff. Some driving is necessary.

WORK ENVIRONMENT: The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The noise level in the work environment ranges from low to loud; office environment is subject to constant interruptions. The employee is: frequently exposed to infection at a greater risk than the average person; required to interact occasionally with dissatisfied or abusive individuals; directly responsible for the safety and well-being of student-athletes. Information contained in job description is for compliance with the American with Disabilities Act (A.D.A.) and is not an exhaustive list of the duties performed for this position. Additional duties are performed by the individuals currently holding this position and additional duties may be assigned.